



Aging Unit of Iron County



FEBRUARY 2017

MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
PLEASE RESERVE MEALS 24 HOURS IN ADVANCE			1 Turkey Dinner W/All the Fixings Bingo	2 Sloppy Joes Wedge Fries	3 Ham Salad Sandwich Cheese Broccoli Soup	4
5	6 Italian Chicken w/ Cheese Tortellini Alfredo	7 <i>Chef's Choice</i> Tacos Spanish Rice Refried Beans Card Games	8 Pork Roast Sauerkraut Mashed Potatoes Bingo	9 Pepper Steak Rice	10 Salmon Filets Parsley Potatoes	11
12	13 Beef Tips Polenta	14 <i>Valentine's Party</i> Djon Baked Pork Chops Baby Red Potatoes Card Games	15 Spaghetti W/ Meat Sauce Bingo	16 Chicken Pot Pie	17 Tuna Casserole	18
19	20 CLOSED	21 Chili Corn Bread Card Games	22 Baked Chicken Mashed Potatoes Bingo	23 Brat Burgers Waffle Fries	24 Tomato Soup Grilled Cheese Sandwich	25
27	27 Pot Roast Baked Potatoes	28 Chicken Breast Sandwich Soup Du Jour Card Games				

ALL Meals include: Vegetable, Salad, Dessert or Fruit, Bread & Milk

This menu has been approved by Anna Mooi: Registered Dietician

* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.